



Instytut
Nowych Technologii



PERCIĄNDICCEDIAMO

L'ORMA



Vasatokka
Nuoris- ja luontomatkailukeskus



”SPORTin–Sport for social inclusion”, reference number 602917-EPP-1-2018-1-LT-SPO-SSCP, co-funded by Erasmus+Sport – Small Collaborative Partnership.

Station cards for coordinators

GATE

STATION DESCRIPTION: The task of the youth is to shoot 6 penalties kicks. Young people have at their disposal a ball. One person responsible of the station has the function of goalkeeper. The second person is responsible of checking the time and the correctness of the penalty shoot.

STAND DESCRIPTION: On the station there are two people – coordinator of the station and goalkeeper.

- The coordinator of the station give a each team an envelope with the description of the task (the text is available in the description of the game).
- On the station there is prepared goalpost (conventional) and there is a ball.

REQUISITION:

- Goalpost
- Ball
- Timer

PUNCTATION:

Each goal +2 points

Each failure -1 point

The maximum allowable number of points: 12

The minimum allowable number of points: 6

TERMINATION OF THE TASK:

When the team do the task correctly, the coordinator of the station gives her a ball. The coordinator need to write the number of earned points on the group cards. The coordinator doesn't give any puzzles (the way to the next station is marked by the arrows).



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PERCIJENDICCEBAMO

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SMALL GLADE

STATION DESCRIPTION: The task of the youth is to finish the multistage race. In the first part, young people need to run with the spoon in their mouth, on the spoon, there is an egg. In the second part, the participants need to crawl in the marked area. Last part is the sack race. The participants do the task individually, one by one, the first participants need to finish the race to give a possibility for the next one to start. The coordinator of the station needs to check the correctness of the race and check the time.

STAND DESCRIPTION: On the station there is a coordinator of the station.

- The coordinator of the station give a each team an envelope with the description of the task (the text is available in the description of the game).
- The coordinator of the station needs to check the correctness of the race and check the time.
- On the station there is prepared track – the parts of the race are marked: start, the end of the first part and the beginning of the second part, the end of second part and beginning of third one, finish line- and the required materials.

REQUISITION:

- Guide posts
- Spoons
- Eggs
- Sack
- Timer

PUNCTATION:

-1 point for every broken egg

Each participant who will accomplish the task +2 points, altogether 12.

Extra points: 5

TERMINATION OF THE TASK:

When the team do the task correctly, need to solve a mystery (a puzzle is on the tree). The coordinator need to write the number of earned points on the group cards. The coordinator doesn't give any puzzles.



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WATER PLACE

STATION DESCRIPTION: The task of the youth is to find a boy in red T-shirt and help him to find his lost autographs. The autographs are hidden in the places marked by X. The young people need to direct the guy with the eye patch to the autographs by using words: “STRAIGHT”, “LEFT”, “RIGHT”. “DOWN”, “UP”. The coordinator of the station needs to check the correctness of the activity. One person has the function of blind boy. Close to this station there is a woman with dog. She is responsible of giving a key to the team.

STAND DESCRIPTION: On the station there are two people – coordinator of the station and a blind guy. Close to this station there is a woman with dog. She is responsible of giving a key to the team.

- The coordinator of the station give a each team an envelope with the description of the task (the text is available in the description of the game).
- The blind guy is listening to the directions of the young people. After the task, he give a chest to the team.
- The women with the dog asks youth to do 5 squats and then give them keys. The team need to find this lady.

REQUISITION:

- 11 piece of paper with the autographs
- Signs X
- Chest with the puzzle
- Keys

PUNCTATION:

There are no points for this exercise

TERMINATION OF THE TASK:

When the team do the task correctly, a blind guy gives them a chest with a puzzle. The coordinator doesn't need to write the number of earned points on the group cards. The coordinator doesn't give any puzzles. To find the next station, youth need to find a woman with a dog and get the key to open the chest. Then they need to solve the mystery.



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PERCIENIĆ SIĘ DĄŻYĆ

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PLAYGROUND

STATION DESCRIPTION: The task of the youth is to finish the race with the balloons. The first person from the line needs to run to take a balloon and quickly come back to teammates. Then this person needs to allocate a balloon between his back and the chest of the next person. All of the participants need to take part in the race to finish the task. Participants can't touch the balloons. If someone touches a balloon or the balloon flies away, the participants need to repeat the race. The coordinator of the station needs to check the correctness of the race and check the time.

STAND DESCRIPTION: On the station there is a coordinator of the station who has the function of Ronaldo.

- The coordinator of the station give a each team an envelope with the description of the task (the text is available in the description of the game).
- On the station there is prepared track (marked tree, finish line) and there are balloons

REQUISITION:

- Balloons
- Shoelace

PUNCTATION:

For the correct execution of the task: 5 points.

TERMINATION OF THE TASK:

When the team do the task correctly, the participants can start the research of the next extra item and the next puzzle. The coordinator needs to write the number of earned points on the group cards. The coordinator doesn't give any puzzles.



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PERCIENI OCCEBAMO

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GAZEBO

STATION DESCRIPTION: The task of the youth is to blow the ping-pong ball from the first to the last cup. The participants can use only water and their lungs. They can't touch the ball and the cups. The participants do the task individually, one by one. There is a limited time – 10 minutes. The coordinator of the station needs to check the correctness of the activity and check the time.

STAND DESCRIPTION: On the station there is a coordinator of the station

- The coordinator of the station give a each team an envelope with the description of the task (the text is available in the description of the game).
- The coordinator of the station needs to check the correctness of the activity and check the time.
- On the station there is prepared table. On the table there are cups and a ping-pong ball. Next to the table there is a bucket with water and a cup

REQUISITION:

- Table
- Plastic cups
- Ping-pong ball
- Bucket with water
- Cup
- Timer
- Whistle

PUNCTATION:

For the correct execution of the task: 10 points.

TERMINATION OF THE TASK:

When the team do the task correctly, the coordinator of the station give to the participant whistle. The coordinator needs to write the number of earned points on the group cards. The coordinator doesn't give any puzzles. The team needs to find a next puzzle in the gazebo.



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CEMENTARY

STATION DESCRIPTION: The task of the youth is put the circles on the guide posts. The participants do the task individually, one by one, from the marked place, previously marked by X. There is a limited time – 6 minutes.

STAND DESCRIPTION: On the station there is a coordinator of the station

- The coordinator of the station give a each team an envelope with the description of the task (the text is available in the description of the game).
- The coordinator of the station needs to check the correctness of the activity and check the time.
- On the station there are prepared 10 circles and a guide post. At the right distance from the guide post, there is marked by X place.

REQUISITION:

- Guide post
- 10 circles
- Timer
- Judge cards

PUNCTATION:

For the correct execution of the task: 5 points.

TERMINATION OF THE TASK:

When the team do the task correctly, the coordinator of the station give to the participant an extra puzzle. The coordinator needs to write the number of earned points on the group cards. On this station, the participants can find the extra items.



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PATH

STATION DESCRIPTION: The task of the youth is to finish the marked path without touching the ground. To accomplish this task, the participants can use rocks/bricks. The aim point of this activity is cooperation.

STAND DESCRIPTION: On the station there is a coordinator of the station.

- The coordinator of the station give a each team an envelope with the description of the task (the text is available in the description of the game).
- The coordinator of the station needs to check the correctness of the activity
- On the station there are prepared bricks/rocks.

REQUISITION:

- Tape to marked a path
- Bricks/rocks

PUNCTATION:

For the correct execution of the task: 10 points.

Every time someone touches the ground – 2 points.

TERMINATION OF THE TASK:

When the team do the task correctly, the coordinator of the station give to the participant a puzzle. The coordinator needs to write the number of earned points on the group cards.



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PERCIPENDO CREDIAMO
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TENNIS COURT

STATION DESCRIPTION: The aim of this activity is to present how hard is the Simple activity for a disabled person. The task is to go through the designated route on the skateboard. The participants can use only their hands (they can't use legs). On this station, the participants need to find the Leo Messi lost shoes.

STAND DESCRIPTION: On the station there are two people – coordinator of the station and the Real Madrid' fan with the bag and dog.

- The coordinator of the station give a each team an envelope with the description of the task (the text is available in the description of the game).
- The coordinator of the station needs to check the correctness of the activity and check the time.
- The Real Madrid fan is walking close to the station.

REQUISITION:

- Skateboard
- Timer
- Bag with lost shoes

PUNCTATION:

For the correct execution of the task:5 points.

The finding of the shoes is equivalent to get 30 points.

TERMINATION OF THE TASK:

The coordinator needs to write the number of earned points on the group cards. The coordinator doesn't give any puzzles or extra items. The participants need to find the Leo Messi lost shoes on their own. The participants have 5 minutes to find shoes. After that time, the coordinator ask the participants to go to finish line – he says where the finish line is.